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CORN OIL, the world leader in edible oils, is now under the brand name KORNDROP

Corn Oil is healthy, non-sticky and a low absorption cooking medium

Corn Oil keeps food fresh for longer durations as compared to other oils

## **CORN OIL LEADS TO HEALTHY HEART**

Corn Refiners Association, USA has recognized Corn oil as an effective component in lowering blood cholesterol levels. The Polyunsaturated fats contained in corn oil are known for significantly lowering the elevated blood pressure. It also is a rich nutritional source of Linoleic Acid- essential for growth, healthy skin and hair. And is proven to be an excellent source of Tocopherols- act as antioxidants and are source of Vitamin E.

Corn oil is also found to be extremely beneficial in reducing blood cholesterol levels. In a comparative study conducted by Dr. Kevin C Maki, PhD, Lead Reseacher-Biofortis, the clinical research arm of Merieux Nutri Sciences, suggest significant greater effects of corn oil on blood cholesterol levels as compared to extra virgin olive oil. It's the unique combination of healthy fatty acids and plant sterols that actively help in reducing cholesterol. Corn oil is found to be four times richer in plant sterols than olive oil and 40 times than Canola Oil, ensuring a healthy heart life.



## COMPARISON OF CORN OIL WITH OTHER OILS

Diet containing corn oil lowered total plasma cholesterol by 16%, while those containing sunflower or soybean oil lowered it by 9% and 11% respectively#.

Corn Oil is inherently stable oil. It can play a major role in human nutrition as a source of essential fatty acids and vitamin E. It not only reduces the risk of coronary heart disease, but also is an effective dietary oil for lowering blood cholesterol and elevated blood pressure levels. There are no adverse effects of a diet enriched with polyunsaturated fats such as Corn Oil

Nutrition Facts (Approximate Composition per 100 a

Nutrition Facts (Approximate Composition per 100 g	
900 Kcal	
0g	
0g	
100g	
12g-18g	
22g-43g	
35g-69g	
0g	
2500IU*/750 mcg**	
200IU*/5mcg**	

<sup>\*</sup>IU stands for International Units



<sup>\*\*</sup>mcg stands for Microgram